

Date: 7 November 2023



Booking your seasonal vaccinations

Dear

You are a priority for seasonal flu and COVID-19 vaccinations. This is because you are aged 65 or over (by 31 March 2024).

Having your flu and COVID-19 vaccinations will **reduce your risk of serious illness** and help you recover more quickly if you catch the viruses.

How to get your COVID-19 vaccination

- Book online at www.nhs.uk/book-covid (you may be asked if you want a flu vaccination at the same appointment)
- Use the **NHS App**
- Visit www.nhs.uk/covid-walk-in to find your nearest COVID-19 vaccination walk-in site.

The last date you will be able to get your COVID-19 vaccination is **15 December 2023**.

How to get your flu vaccination

- Contact your **GP surgery**
- Visit www.nhs.uk/flu-pharmacy to find your **nearest pharmacy** offering the vaccine
- Some pharmacies are offering appointments online at www.nhs.uk/book-a-flu-vaccination or on the **NHS App**.

You will be able to get your flu vaccine after 15 December, but you are encouraged to get vaccinated as soon as you can ahead of the colder months.

If you need support

- If you can't get online, phone **119** for help arranging your vaccinations.

If you usually get your care at home, please contact your GP surgery to arrange a **home visit** with a local NHS service. Go to www.england.nhs.uk/local-covid-19-vaccination-contacts if your GP surgery is unable to help.

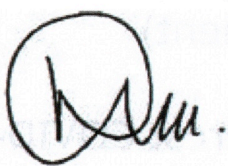
More information

Seasonal vaccinations have proven safety records. They give additional protection to any immunity you may have from previous infections.

Flu and COVID-19 spread more easily in winter. Even if you've been vaccinated before, it's important you get the protection you need because viruses change, and protection fades over time.

Go to www.england.nhs.uk/seasonal-invites for invitations in easy read and other languages and formats. Visit www.nhs.uk/seasonalvaccinations for more information.

Yours sincerely,



Dr Nikita Kanani MBE
GP and Deputy Lead
NHS Seasonal Vaccination Programmes
NHS England

Data Protection: NHS England is responsible for processing your personal data for the purposes of national vaccination programmes. To find out more, you can access our privacy notice at: www.england.nhs.uk/contact-us/privacy-notice, or search for "NHS England Privacy Notice" in your website browser. To opt out of COVID-19 vaccination invitations, please visit www.nhs.uk/covid-invite-preferences or phone 119.